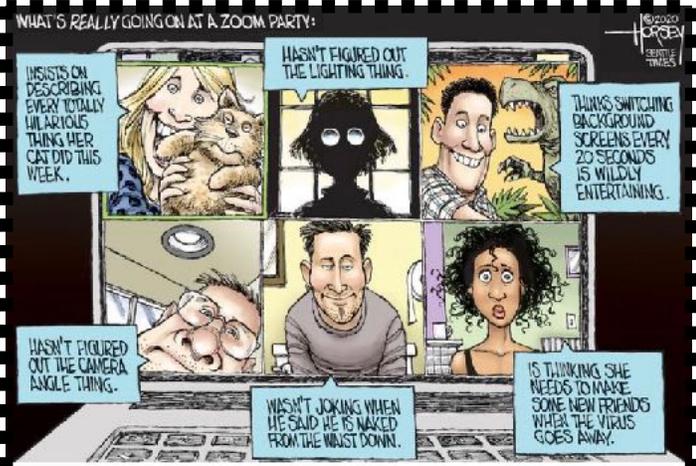


the wave



PHOTO: “The New Normal.” Libby Freese shared a photo of a recent family get together in the San Juan Islands. Fun is the name of the game, but social distancing is in the rules.

And so we begin a new Rotary year with President Beth Westenhaver-Kealy at the helm. The “New Normal” has brought many changes. Arden Clise, of Clise Etiquette brought us up to date on ZOOM etiquette. Check out the Do’s and Don’ts below, and the Horsey cartoon. In addition, we were advised not to eat lunch, or use the distraction of chatting while in a meeting. These latter suggestions may be taken a little lightly, especially since some members attend at their lunch hour, and the “Chat” box is kinda like passing notes.



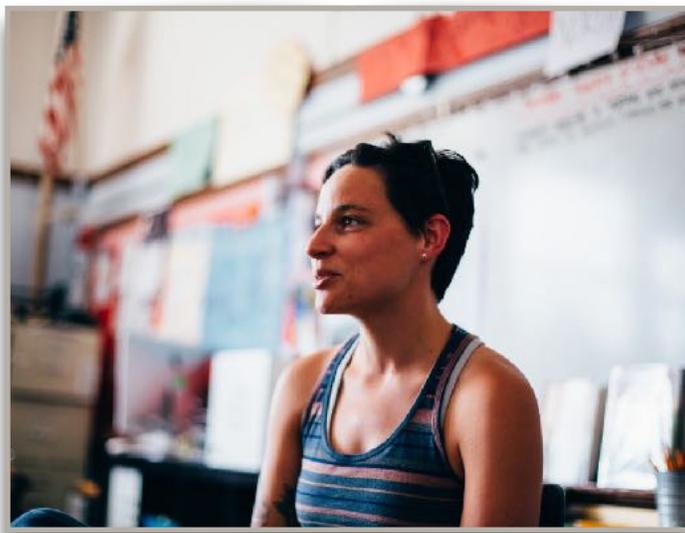
Video Meeting Dos and Don'ts

- Stay focused. Turn off other devices
- Use a headset for sound clarity and to keep the meeting quiet and confidential
- Virtual backgrounds take a lot of bandwidth
- Give thought to where you position your device
 - Use a stand for your phone or tablet

Look familiar?

Karen Barnes has let us know that the Edmonds Food Bank is in need of drivers to who could deliver food to seniors and disabled individuals, on Tuesdays mornings. You need your own vehicle. Social distancing is observed, and the Food Bank can provide masks and gloves as needed. A Background Check is required (they will handle it). **Contact Karen Barnes if interested . 206.979.3221**

More about Meetings: Councilman Luke Distlehorst shared his reflections on his short (since January) time on the City Council, and his outlook on the big issues currently at hand. Emily Gussin was a refreshing and interesting presenter regarding her work as a graffiti artist. We learned that graffiti is unique from street art in that it usually includes letters and numbers, and is done with spray paint.



2020 - 2021 Rotary Board of Directors

President: Beth Kealy
President-Elect: Maggie Peterson
Past President: Roy Carlson
Vice President: Debbie Danekas
Secretary: Carol Kinney
Treasurer: Libby Freese

Administration: Pat Thorpe
Community Service: Elise Hegrat/ Randy Hutchins
Membership: Brenda Carrithers
Public Relations: Janet Jensen
Sergeant at Arms: Pat Shields

Board meetings are the first Monday of each month, currently via ZOOM videoconference.

Jean Withers our District Chief of Operations & Outreach 2020-21 has asked that this be shared with all District Club Members!

Rotarians of District 5030 is a private *Facebook GROUP* that is bound to become an essential tool for reaching out only to Rotarians in our District. District Governor Cathy Gibson has asked me to especially invite you to be part of **Rotarians of District 5030**.

Joining **Rotarians of District 5030** helps us know more, faster than ever before! **This facebook GROUP can promote our Club & its unique projects**...help us learn about interesting projects going on in other Clubs...shares insights other Rotarians are having about what it means to be helping do great things in these complicated times...see exciting initiatives that are coming up. (Pro Tip to project leaders: You can invite Rotarians throughout the District to participate in YOUR projects, as well.)

It's very easy to join. All you do is

1. Login to your Facebook account.
2. Click on this link to join. <https://www.facebook.com/search/top?q=rotarians%20of%20district%205030>
3. Zap! As an Active 5030 Rotarian, you'll be approved as a member.
4. Zip! You're in...

Please contact me for technical assistance if the process above fails.

Brenda Carrithers
425 931 9913

Jim Hodges is a long time member of our Club. He is best remembered for his likeness to images of George Washington, and his passion for giving inspiring talks espousing the values of our founding fathers, especially for young people in local schools. Due to the effects from spinal stenosis, Jim is no longer able to attend meetings, but he remains an Honorary Member. As you can see below, his heart is still with Rotary. He asked me to include this writing in The Wave. It has been edited a bit so that it would fit. I think all members, old and new, will appreciate his thoughts.

WHY SHOULD YOU JOIN ROTARY?

by James Hodges (edited)

When I joined the River Oaks Rotary Club in 1977, in Houston, Texas, I was fortunate enough to be among very enlightened men. At that time women were not invited to be members. Since 1989 all our new members of both sexes are welcomed with open arms.

Rotary is a first class leadership proving ground. It empowers members to do volunteer work for those in need. Members also learn how to helpfully use authority and responsibility for various tasks. I joined as a relatively young man, and entered a long line of growth. I applied myself with the help of many old timers who were eager to mentor me. Starting as Sergeant at Arms, and then Membership Chair, where I brought in 17 new members. In 1985 my club honored me by electing me President. That year the International Convention was in Birmingham, England. I took my wife and 13 year old daughter Cynthia, for I wanted them to see how RI helped people from around the world. Our trip was very enlightening. It would be wonderful if every Rotarian could experience this international fellowship. The fellowship of Rotary provides motivation and multiplies the effectiveness of their work around the world.



My club in Houston had over 100 members. As President, I did my best to know each member by name, along with facts about their families. I did my best to lead by example. Ethical leaders breed ethical followers. I used a “grab bag” of tactics to influence positive action. I tried to persuade by showing how benefitting others will benefit yourself as well. It was important to help members thrive within Rotary. Becoming knowledgeable of various areas of service in Rotary also provides real value for your own business.

I love Rotary for it has done so much for me. I have dedicated myself to help others toward being a more effective leader, and given many speeches on the subject. My years as a volunteer did wonders for my career as a Vice President with Merrill Lynch, and have continued to bring me much joy in retirement. In the October, 2006, issue of the Rotarian I was featured as an outstanding speaker for service to others for my performances as George Washington. I dressed in his authentic uniform and spoke in the first person. For over 30 years I gave hundreds of speeches to schools, clubs, churches, and civic clubs. I even received a medal from the Freedom Foundation for my efforts. I have written countless articles, and my book “**Beyond the Cherry Tree: The Leadership Principles of George Washington**”, is in the Library of Congress. In my 60’s, I developed spinal stenosis, so I retired and moved to Edmonds. Within the first week here I joined the Edmonds Rotary Club.

Solving world problems takes real commitment and vision. For more than 115 years Rotarians have made good use of their passion, energy, and intelligence. Their efforts in bringing better water, health, and even peace through conflict resolution are helping to better our world. This network of over 35,000 clubs and more than 1.2 million members has endeavored to provide the best results by working together. Our goals are to promote peace and literacy, fight disease, and secure clean water, sanitation and hygiene around the world.

Our mission is to provide aid to those less fortunate, at home and abroad, to promote integrity and trustworthiness. We strive to advance world understanding, goodwill, and peace, through our fellowship of business, professional, and community leaders. We forge lifetime friendships, and apply resources and experiences to social issues to find unique solutions around the world.

As a Rotarian, remember that you are a member of a prestigious service club, and it is up to you to do your part. As a leader, be open to new ideas. Keep learning, never just rely on past solutions. Let others help you find solutions, encourage fellow members to work alongside of you. Always be on the lookout for ways to sharpen your awareness. As Rotarians, we’re able to serve in a manner that has no equal, and “be the inspiration” to connect a better world.

“The more you praise and celebrate your life, the more there is in life to celebrate.”
~Oprah Winfrey

From the Editor...

It's summertime and we maybe cannot do a lot of the fun things we would usually do his time of year. Because of you-know-what. There are no BIG holidays in August, but here are a few to celebrate that will hopefully brighten your days.

August 5 is **Underwear Day**. Since we spend so much time in video conferences, some of us may dress a little more casually below the computer screen level. This holiday will remind us to at least put on **clean** underwear.

August 7 is **International Beer Day**. How can that not be a fun day? Drink a toast to friends, including the snobby ones of us who simply prefer a nice glass of wine.

August 9 is **Book Lover's Day**. These days maybe you're finally getting around to those books that have been gathering dust on the shelf. I know I am. If not, put down the remote for a day at least and read something!

August 15 is **National Relaxation Day**. My cat just got home from a sneaky 5 days “in the wilds” of the back yard. She was hungry. Now she is relaxed.



August 16 is **Tell a Joke Day**. President Beth will love this one I'm sure. The cornier the better... right up her alley. But we love it, don't we?

August 18 is **Bad Poetry Day**. Okay, everyone can write one of these. The great thing is there are no rules. Try it. You will laugh. Promise.

August 19 is **National Aviation Day**. Remember when we used to travel on airplanes? How we complained about TSA? Cramped spaces? Ah, those were the days.

August 21 is **National Senior Citizens Day**. Celebrate all those youngsters at heart that work so hard in our Rotary Club. You know who you are.



August 26 is **National Dog Day**. Who doesn't love a puppy? Spike gets great respect from owner Diane Buckshnis, and Maggie Peterson recently said goodbye to Butch after 12 years of love, but oh what fun they had!

August 31 is **Eat Outside Day**. We've been doing this for almost 6 months now, so today we can actually celebrate it. May not be so great in November, but in August it feels very trendy, right?

Pat Thorpe, Editor
c'est finis

